



## Joyful Horizons Adult Day Care

### Program Highlights

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#### Integrated Health & Wellness Model

Joyful Horizons provides structured daytime care combined with on-site health monitoring to promote stability and prevent medical decline.

##### Highlights:

- On-site clinic space with Nurse Practitioner access
    - Medication oversight and reminders
      - Routine wellness checks
    - Chronic disease support programming
    - Physical therapy & mobility exercises
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#### Caregiver Support & Respite

We understand the emotional and physical toll of caregiving. Our program provides meaningful relief while ensuring loved ones are safe and engaged.

##### Highlights:

- Full-day and half-day care options
    - Flexible scheduling
  - Caregiver education workshops
    - Support groups
  - Reduced risk of caregiver burnout
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## **Enrichment & Engagement Programming**

Participants experience structured activities designed to stimulate the mind, body, and spirit.

### **Highlights:**

- Cognitive games and memory exercises
    - Music therapy and creative arts
    - Chair fitness & mobility sessions
  - Faith-based reflection opportunities
    - Themed events and celebrations
      - Family-inclusive events
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## **Safe Transportation Services**

Reliable rural transportation ensures access to care for families who otherwise may not be able to participate.

### **Highlights:**

- Transport within 15-mile radius
  - Wheelchair-accessible vehicles
  - Supervised pick-up and drop-off
  - Transportation subscription option
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## **Spa & Personal Care Services**

Dignity includes feeling your best.

### **Highlights:**

- On-site hair styling
    - Nail services
  - Grooming assistance
  - Personal hygiene support
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## **Therapeutic Outdoor Spaces**

Connection with nature improves mental and physical health.

### **Highlights:**

- Community garden participation
  - Outdoor patio with rocking chairs
    - Walking track access
    - Fresh air activity zones
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## **Intergenerational Programming**

Through collaboration with Joyful Beginnings Early Learning Center, seniors and children connect in meaningful ways.

### **Highlights:**

- Story time sessions
  - Performances and celebrations
    - Shared craft activities
    - Garden interaction days
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## **Community Campus Model**

Joyful Horizons is more than a day care — it is part of a broader wellness campus.

### **Campus Includes:**

- Adult Day Care Center (4,500 sq ft)
    - Senior Cottage Living
      - Hospice facility
    - Football field & walking track
    - Community event space
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## **Measurable Outcomes**

Joyful Horizons aims to:

- Reduce emergency room visits
- Improve medication compliance
  - Increase physical activity
- Delay nursing home placement
  - Improve caregiver stability
  - Reduce social isolation

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## **Signature Difference**

Joyful Horizons blends healthcare, social connection, dignity services, and community in one cohesive environment — designed specifically for rural Mississippi families.